

Saint Joseph Catholic School

Athletic Handbook

2024-2025



Go Cougars!

Sports Seasons

Saint Joseph Catholic School offers the following competitive sports for grades 5 through 8.

Fall	Girls Volleyball	August-October
Winter	Boys Basketball	October-December
Winter	Girls Basketball	January-March
Spring	Track and Field	April-May

There is also a Cheerleading Team open to all girls in the 2nd, 3rd, and 4th grades. There is a \$25 fee, which will be used to cover the costs of uniform purchases and uniform replacements.

Athletic Fees

The athletic fee for each sport is listed below. Our athletic fees help to cover the cost of officials and referees, NCIL league dues, equipment and uniforms, and coach's stipends. Fees are billed directly to your FACTS account once the season begins.

Volleyball: \$90

Basketball: \$90

Track and Field: \$90

Cheerleading: \$25

Athletic Eligibility

In order to participate in athletics, students must have an updated physical and a signed Athletic Participation Form on file. These forms can be turned into the front office or to the Athletic Director.

At Saint Joseph Catholic School, academics and exemplary behavior are two of our top priorities. Students will be placed on the academically ineligible list if they have more than one "D" and/or an "F" in any subject area.

Grade reports will be generated by the Athletic Director every Thursday morning. Any student-athlete appearing on the ineligible list will remain ineligible to participate until the following Thursday when a new report is generated.

If a student-athlete receives a Student Conduct Report for major violations (such as insubordination, fighting, destruction of school property) they will be deemed behaviorally ineligible to participate in the next scheduled game.

If a student is absent from school on a particular date, they are not eligible to participate in any practice or game on that day.

Communication

Communication will be primarily through email and the band app. If you need to contact the Athletic Director, please email Mr. Garcia at the following address: tgarcia@gosaintjoseph.org

Registration/Tryouts

Registration for each sport should occur prior to the official start of each season. Without the proper paperwork completed, an athlete will not be allowed to participate. While all sports at Saint Joseph are non-cut sports, athletes will be placed on a team that is appropriate for their level of skill. Coaches and the Athletic Director will determine the level of play for each student-athlete. The number of teams fielded will be determined by the number of athletes we have for each sport.

Transportation

It is the responsibility of the athlete and the parents to arrange transportation to and from practices and games. Athletes may ride to games and home with a parent or another adult **if that adult is included on the transportation permission sheet signed by the parent.** Any adult providing rides to athletes other than their own child must have completed all of the volunteer requirements.

Equipment

Each athlete is responsible for all the equipment s/he is issued. A uniform check out/in will be conducted at the beginning and end of each season. If the equipment is not returned to the coach/Athletic Director, the athlete/family will be expected to reimburse the school for replacement costs. The athlete will not be able to participate in another sport until this responsibility is taken care of.

Parent and Athlete meeting

A mandatory parent/athlete meeting will be held at the beginning of each sports season. This meeting shall occur on the first Tuesday of each season, at the conclusion of practice. Families are expected to send an adult representative to this meeting. The objectives of these meetings are as follows:

- Introduce coaches
- Discuss team rules, game and practice procedures
- Discuss safety and medical concerns
- Sign up to volunteer for home (and in some cases away) games/matches duties. Such duties include clock operator, scorekeeper, line judges. Our goal is that each family will serve to volunteer for at least one home game/match
- Review code of ethic

Saint Joseph School Code of Ethics for Coaches, Player and Parents

1. Coaches

- Be a positive role model for athletes, exemplifying the highest moral and ethical behavior
- Coach in a positive manner, reflecting our Christian values
- Instruct athletes in sportsmanship and hold them accountable for displaying outstanding sportsmanship
- Treat opposing coaches, athletes, and fans with dignity and respect
- Respect the judgment of officials and abide by the rules of the event

2. Student-Athletes

- Be a positive role model, within the classroom, hallways, and on the athletic field
- Play in a positive manner, reflecting our Christian values
- Accept the responsibility of representing Saint Joseph by displaying exemplary behavior at all times
- Treat teammates, coaches, officials, opponents, and guests with dignity and respect

3. Parents

- Behave in a positive manner, reflecting our Christian values
- Treat all coaches, athletes, officials, and administrators with dignity and respect
- Respect the judgment of officials and refrain from directing negative comments towards them
- Support and encourage full participation by your athlete in practice and game situations

4. Issue Resolution Protocol

- If an athlete has an issue with a teammate or coach, they should first attempt to solve the issue by directly approaching the teammate or coach
- If a solution is not reached, parents should follow up directly with the coach
- If at that point, a resolution is not achieved, the athlete, parent, coach, and AD will meet to resolve the problem
- **Any issue that is morally wrong or physically harmful should be communicated immediately to the Athletic Director and Principal**

Signature of Athlete

Signature of Parent



SAINT JOSEPH

CATHOLIC SCHOOL

Athletic Participation

Students are not permitted to participate in any after school athletic activity **until all required documents are submitted to the school office.** (Complete this form for ALL sports in which you wish to participate.)

Fees are billed directly to your FACTS account after the first official competition of the sport season. Fee costs are located in the Parent Student Handbook.

PLEASE CIRCLE THE SPORT/S TO BE BILLED:

Basketball (boys/girls)	\$90	Cheerleading	\$25
Volleyball	\$90		
Track and Field	\$90		

I request and give my permission for my student, to represent his/her school in approved activities; to accompany the school team of which he/she is a member on its local or out-of-town trips; to receive emergency medical care which may become reasonably necessary in the course of such athletic activities or such travel. As parent and/or legal guardian, I remain legally responsible for any personal actions taken by the above-named minor participant. I agree on behalf of myself, my child named _____ as minor participant herein, successors, and assigns, to hold harmless and defend St. Joseph Catholic Parish, its officers, directors, employees and agents, and the Archdiocese of Denver, its employees and agents, chaperones, or representatives associated with the activities, from any claim arising from or in connection with my child participating in the activities, or in connection with any illness or injury (including death) or cost of medical treatment in connection therewith, and I agree to compensate St. Joseph Catholic Parish its officers, directors and agents, and the Archdiocese of Denver, its employees and agents and chaperones, or representatives associated with the activities for reasonable attorney's fees and expenses which they may incur in any action brought against them as a result of such injury or damage, unless such claim arises from the negligence of St. Joseph Catholic Parish or the Archdiocese of Denver. It is also understood that my son/daughter has had a recent physical and is covered under a medical insurance plan.

I have read, with my student/athlete and we all agree to obey the rules and guidelines stated in the Parent Student Handbook

(Social Activities, Policy 2700) to conduct ourselves according to the best precepts of sportsmanship and fair play and to be responsible for the proper use and return of all equipment checked out by said student.

I agree to pay the above listed fee for each sport my child participates in.

Parent Signature

Student Signature

Date

Parent Phone

Additional Required Documents:

1. Current Physical

Student Athlete's Name

Student Athlete's Grade

Address

City State Zip Code

My child may be transported to away games and practices by the following drivers:

Name

Phone

Name

Phone

I understand I am responsible for arranging rides home from all games.